

Menu Listing with Traffic Lights and Allergens

Meradith.Hart@educatering.uk

Feniton April 26 Dessert

**Legend**

- ✓ Contains
- ? May Contain
- ! No Data

Celery  
 Cereals containing Gluten  
 Crustaceans  
 Eggs  
 Fish  
 Lupin  
 Milk  
 Molluscs  
 Mustard  
 Nuts  
 Peanuts  
 Sesame  
 Sulphur Dioxide and Sulphites  
 Soya

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya		
Primary Shortbread Biscuit	947.7	NONE 226.5	NONE 12.0	NONE 4.9	NONE 28.6	Contains: Wheat.		✓													?	
Primary Strawberry Jelly & Fruit	58.3	NONE 13.9	NONE 0.1	NONE 0.0	NONE 3.8																	
Primary Ice Cream & Fruit	260.9	NONE 62.4	NONE 2.2	NONE 1.1	NONE 10.0								✓									
Primary Iced Sponge	1016.4	NONE 242.9	NONE 14.2	NONE 2.3	NONE 26.6	Contains: Wheat.		✓		✓												?
Primary Chocolate & Vanilla Swirl Cookie	978.6	NONE 233.9	NONE 9.6	NONE 3.9	NONE 34.9	Contains: Barley, Oats, Wheat.		✓														?
Primary Fresh Fruit Salad	125.6	NONE 30.0	NONE 0.1	NONE 0.0	NONE 7.3																	
Primary Carrot Cake	978.0	NONE 233.7	NONE 14.3	NONE 2.3	NONE 24.2	Contains: Wheat.		✓		✓												?
Primary Flapjack	1010.4	NONE 241.5	NONE 10.9	NONE 4.0	NONE 31.7	Contains: Barley, Oats, Wheat.		✓														
Primary Chocolate Rice Crispy Cake (Traybake)	506.3	NONE 121.0	NONE 4.7	NONE 2.4	NONE 18.1	Contains: Barley.		✓					✓									

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Primary Chocolate Cake	949.6	 227.0	 14.6	 2.5	 21.0	Contains: Wheat.	✓		✓											⚠	
Primary Strawberry Jelly Vegan	5.6	 1.3	 0.1	 0.0	 0.8																
Primary Custard	103.5	 24.7	 0.3	 0.3	 5.3								✓								

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Primary Mild Chicken Tikka Masala	620.2	NONE 148.2	NONE 8.1	NONE 4.1	NONE 5.0	Contains: Wheat.		?							?					
Primary Pepperoni Pizza	1122.9	NONE 268.4	NONE 12.0	NONE 5.0	NONE 29.9	Contains: Wheat.		✓					✓							✓ ?
Primary Devon Pork Sausage (1)	807.7	NONE 193.0	NONE 16.0	NONE 6.2	NONE 2.0															✓
Primary Devon Beef Bolognese	783.8	NONE 187.3	NONE 12.8	NONE 4.6	NONE 5.1															✓
Primary Breaded Fish	577.4	NONE 138.0	NONE 6.0	NONE 0.7	NONE 14.6						✓									
Primary Mild Chicken Curry	528.4	NONE 126.3	NONE 4.0	NONE 0.8	NONE 6.7															
Primary Salmon & Broccoli Penne Pasta	1774.6	NONE 424.1	NONE 18.7	NONE 6.7	NONE 40.7	Contains: Wheat.		✓			✓		✓	✓						?
Primary Roast Devon Gammon & Gravy	377.5	NONE 90.2	NONE 4.6	NONE 1.5	NONE 1.4															
Primary West Country Brunch	1706.5	NONE 407.9	NONE 23.2	NONE 7.1	NONE 29.4															✓

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Primary Chicken Bites x 3 (Bought in)	451.9	NONE 108.0	NONE 3.2	NONE 1.3	NONE 7.9	Contains: Wheat.	✓													
Primary Devon Pork Meatballs in Tomato Sauce	1164.4	NONE 278.3	NONE 21.3	NONE 7.5	NONE 11.7															✓
Primary Fish Fingers	637.0	NONE 152.3	NONE 5.8	NONE 0.6	NONE 14.6	Contains: Wheat.	✓				✓									
Primary Roast Chicken & Gravy	347.4	NONE 83.0	NONE 1.5	NONE 0.4	NONE 1.4															
Primary Chicken & Vegetable Biryani	1092.9	NONE 261.2	NONE 3.5	NONE 0.9	NONE 37.5															
Primary Sausage Roll (Bought in)	1038.7	NONE 248.3	NONE 14.0	NONE 6.6	NONE 26.6	Contains: Wheat.	✓						✓							
Primary Macaroni Cheese	1474.4	NONE 352.4	NONE 14.0	NONE 6.4	NONE 44.4	Contains: Wheat.	✓						✓		✓					?
Primary Quorn Sausage Hot Dog	316.4	NONE 75.6	NONE 2.6	NONE 0.9	NONE 3.3	Contains: Wheat.	✓													?
Primary Yorkshire Pudding, Bean & Veg Cottage Pie	624.5	NONE 149.3	NONE 7.6	NONE 1.6	NONE 16.3	Contains: Wheat.	✓		✓				✓							

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Primary Vegetable & Chickpea Curry	317.0	NONE 75.8	NONE 3.0	NONE 0.4	NONE 8.7	Contains: Wheat.		?							?						
Primary Vegetable Nuggets	494.6	NONE 118.2	NONE 5.5	NONE 0.5	NONE 14.4	Contains: Wheat.		✓													
Primary Roasted Vegetable & Tomato Pasta Bake	1106.0	NONE 264.3	NONE 7.0	NONE 2.1	NONE 40.8	Contains: Wheat.		✓					✓							✓	
Primary Margherita Pizza	1050.6	NONE 251.1	NONE 9.9	NONE 4.3	NONE 29.9	Contains: Wheat.		✓					✓							✓	?
Primary Lentil & Vegetable Wellington	1437.5	NONE 343.6	NONE 16.0	NONE 6.7	NONE 42.4	Contains: Wheat.		✓													
Primary Vegetarian Brunch	1194.8	NONE 285.6	NONE 10.6	NONE 2.0	NONE 31.7	Contains: Wheat.		✓													
Primary Vegetarian Sausage Roll (Homemade)	879.2	NONE 210.1	NONE 9.7	NONE 3.9	NONE 22.8	Contains: Wheat.		✓				?			?						✓
Primary Quorn Tikka Masala	368.6	NONE 88.1	NONE 3.8	NONE 0.6	NONE 4.4	Contains: Wheat.		✓							?						
Primary Cajun Butternut Squash & Bean Burger	1001.8	NONE 239.4	NONE 4.0	NONE 0.5	NONE 38.4	Contains: Wheat.		✓													?

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Primary Broccoli, Mixed Bean & Cauliflower Bake	952.9	NONE 227.8	NONE 14.0	NONE 6.4	NONE 15.2	Contains: Wheat.	✓						✓	✓						?
Primary Tomato & Mozzarella Pasta Bake	1041.1	NONE 248.8	NONE 6.1	NONE 2.9	NONE 37.4	Contains: Wheat.	✓						✓							✓
Primary Cheese & Red Onion Quiche	1327.0	NONE 317.2	NONE 20.9	NONE 8.8	NONE 21.4	Contains: Wheat.	✓		✓				✓							
Primary Sweetcorn	195.8	NONE 46.8	NONE 1.1	NONE 0.2	NONE 6.6															
Primary Potato Balls	732.2	NONE 175.0	NONE 5.5	NONE 0.7	NONE 27.5								?							
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2															
Primary Carrots Sliced (Prepped)	87.9	NONE 21.0	NONE 0.2	NONE 0.1	NONE 4.7															✓
Primary Roast Potatoes (Prepped)	501.9	NONE 120.0	NONE 5.2	NONE 0.7	NONE 17.2															✓
Primary Gravy	31.1	NONE 7.4	NONE 0.1	NONE 0.0	NONE 1.4															

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Description	Energy	Fat	Saturates	Sugars	Salt													
Primary Plain White Rice	721.1	NONE 172.4	NONE 1.6	NONE 0.4	NONE 34.1													
Primary Plain Penne Pasta	668.4	NONE 159.8	NONE 0.7	NONE 0.1	NONE 32.0	Contains: Wheat.												
Primary Chips	502.1	NONE 120.0	NONE 2.5	NONE 1.3	NONE 20.0													
Primary Salad Sticks (Hand Cut)	41.1	NONE 9.8	NONE 0.2	NONE 0.0	NONE 1.9													
Primary Potato Wedges (Bought In)	543.9	NONE 130.0	NONE 3.0	NONE 0.4	NONE 22.0													
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9													
Primary Baked Beans	158.2	NONE 37.8	NONE 0.1	NONE 0.0	NONE 5.5													
Primary Jacket Potato with Beans & Salad	10293.0	NONE 2460.1	NONE 7.8	NONE 0.4	NONE 374.9													
Primary Jacket Potato with Cheese & Beans & Salad	1108.7	NONE 265.0	NONE 5.1	NONE 2.3	NONE 47.3													

