



Tipton St John

Church of England Primary School

SPRING MENU

Week one

Weeks Commencing: 6/01, 27/01, 24/02, 17/03

Pick a
MAIN

Pick a
**MEAT-FREE
MAIN**

Pick a
**JACKET
POTATO**

Pick a
DESSERT

MONDAY

Sweet and Sour
Battered Chicken
with Rice and
Sweetcorn

Mushroom
Stroganoff with
Rice and Sweetcorn

Cheese, Beans or
Tuna Mayo

Pineapple Cake

TUESDAY

Beef Bolognese
with Pasta
and Peas

Vegetable
Longboats
with Peas

Cheese, Beans or
Tuna Mayo

Chocolate Crunch

WEDNESDAY

Roast Chicken
with Roast Potatoes,
Seasonal Vegetables
and Gravy

Quorn Sausage
with Roast Potatoes,
Seasonal Vegetables
and Gravy

Cheese, Beans or
Tuna Mayo

Fruit Platter

THURSDAY

Brunch:
Sausage, Bacon,
Hash Brown and
Baked Beans

Cheese and Tomato
Frittata with Hash
Brown and Beans

Cheese, Beans or
Tuna Mayo

Iced Sponge

FRIDAY

Fish Fingers
with Chips
and Peas

Halloumi Burger
with Chips and
Peas

Cheese, Beans or
Tuna Mayo

Lemon Cookie



Educatering
The School Food Revolution

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

**FRESH FRUIT
& YOGHURT
SERVED DAILY**



Tipton St John
Church of England Primary School

SPRING MENU

Week two

Weeks Commencing: 13/01, 03/02, 03/03, 24/03

Pick a
MAIN

Pick a
**MEAT-FREE
MAIN**

Pick a
**JACKET
POTATO**

Pick a
DESSERT

MONDAY

Chicken Korma
with Rice
and Peas

Tomato and Basil
Pasta Bake
with Peas

Cheese, Beans or
Tuna Mayo

Apple and
Raspberry Cake

TUESDAY

Salmon Fingers
with Wedges
and Sweetcorn

Margherita Pizza
with Wedges
and Sweetcorn

Cheese, Beans or
Tuna Mayo

Chocolate Krispie

WEDNESDAY

Roast Pork Loin
with Roast Potatoes,
Seasonal Vegetables
and Gravy

Leek and Potato Bake
with Roast Potatoes,
Seasonal Vegetables
and Gravy

Cheese, Beans or
Tuna Mayo

Fruit Platter

THURSDAY

Beef Lasagne
with Salad Sticks

Vegetarian Brunch:
Quorn Sausage,
Grilled Tomato,
Hash Brown and
Baked Beans

Cheese, Beans or
Tuna Mayo

Lemon Drizzle

FRIDAY

Sausage
with Chips
and Beans

Courgette and
Sweetcorn Fritter
with Chips
and Beans

Cheese, Beans or
Tuna Mayo

Flapjack



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Tipton St John

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SPRING MENU

Week three

Weeks Commencing: 20/01, 10/02, 10/03, 31/03

Pick a
MAIN

Pick a
**MEAT-FREE
MAIN**

Pick a
**JACKET
POTATO**

Pick a
DESSERT

MONDAY

Beef Meatballs and
Tomato Sauce
with Pasta
and Sweetcorn

Sweet and Sour
Vegetables with
Rice and Sweetcorn

Cheese, Beans or
Tuna Mayo

Carrot Cake

TUESDAY

Chicken Tikka
with Rice and
Salad Sticks

Macaroni Cheese
with Salad Sticks

Cheese, Beans or
Tuna Mayo

Chocolate Brownie

WEDNESDAY

Roast Gammon
with Roast Potatoes,
Seasonal Vegetables
and Gravy

Sweet Potato and
Butternut Bake
with Roast Potatoes,
Seasonal Vegetables
and Gravy

Cheese, Beans or
Tuna Mayo

Fruit Platter

THURSDAY

Pepperoni Pizza
with Wedges
and Beans

Vegetable Frittata
with Wedges
and Beans

Cheese, Beans or
Tuna Mayo

Jelly

FRIDAY

Breaded Fish
with Chips
and Peas

Vegetable Nuggets
with Chips and
Peas

Cheese, Beans or
Tuna Mayo

Shortbread



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**FRESH FRUIT
& YOGHURT
SERVED DAILY**